

# San Diego Flooding Resource Guide

**February 2024**

*“California Gov. Gavin Newsom declared a state of emergency for San Diego County and Ventura County, which was hit by heavy rains and high surf that caused flooding... Hundreds were rescued from homes, according to a city of San Diego statement. Firefighters and lifeguards rescued about two dozen people from the rushing San Diego and Tijuana rivers, the fire department said.” [Via AP News](#)*

## Local Resources

### **California Office of the Governor**

The Governor of California, Gavin Newsom, declared a State of Emergency due to severe flooding from January 22, 2024. The declaration will assist in recovery efforts for residents impacted by the floods in various locations in California. To get additional updates from the Governor’s Office, please visit the website [here](#) for information.

### **Mayor Todd Gloria of San Diego**

The Mayor of San Diego, Todd Gloria, and the City of San Diego coordinated the San Diego Storm Recovery Event. The recovery event plans to assist individuals affected by floods and the anticipated storms in February. Volunteers and donations are needed and will be accepted. The event will take place on February 3<sup>rd</sup> and 4<sup>th</sup> at the Beckwourth Library, College-Rolando Library, Encanto Recreation Center, and the Southcrest Teen Center.

To review details for the event please visit the website [here](#) for more information.

The Mayor, Todd Gloria, provides disaster updates on his social media page, [Twitter](#).

### **The County of San Diego**

The County of San Diego and the City of San Diego are working together to prepare residents for severe weather, flooding, and recovery. Individuals can sign up for emergency notifications with [Alert San Diego](#). Individuals can contact the county agency for cleanup



## ***Crisis & Disaster Resources***

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needs and other supportive resources. Additionally, the county is offering free sandbags to residents. The following list is not the full city and county listing, please see the following link [here](#) for the full list.

### **Free Sandbag Locations:**

- [Pacific Beach Recreation Center](#)  
Address: 1405 Diamond Street, San Diego, CA 92109
- [North Clairemont Recreation Center](#)  
Address: 4421 Bannock Avenue, San Diego, CA 92117
- [Robb Athletic Field](#)  
Address: 2525 Bacon Street, San Diego, CA 92107
- [Golden Hill Recreation Center](#)  
Address: 2600 Golf Course Drive, San Diego, CA 92102
- [City Heights Recreation Center](#)  
Address: 4380 Landis Street, San Diego, CA 92105
- [San Ysidro Community Activity Center](#)  
Address: 179 Diza Road, San Diego, CA 92173

### **Temporary Shelters and Community Centers:**

- [Lincoln High School](#)  
Address: 777 Imperial Avenue, San Diego, CA 92113
- [Jackie Robinson Family YMCA](#)  
Address: 151 YMCA Way, San Diego, CA 92102
- [Spring Valley Library](#)  
Address: 836 Kempton Street, Spring Valley, CA 91977

### **Emergency Status Updates**

The [California Office of Emergency Services](#) provides assistance to prevent, protect, mitigate, respond to, and recover from natural and man-made threats and hazards to ensure the safety of community members. Additional resources such as grants, resource centers and counties under the current disaster declaration can be found on the agency's website [here](#).

Register for state emergency alerts, important road information, and critical weather alerts [here](#).

### **Travel Alerts**

California QuickMap offers information on travel alerts and transportation safety. For more traffic information on road closures and accidents please visit the website <https://quickmap.dot.ca.gov/>.

The City of San Diego partnered with Uber to provide free rides to residents who need to travel to a local assistance center. The code is SDRIDES2024. Please connect with Uber if needing further support.

### **American Red Cross**

The American Red Cross is a member of the local, state, and federal disaster response community. During a disaster, the Red Cross provides shelter, food, emotional support, health services, clean-up supplies and comfort items. Individuals may provide monetary donations to the American Red Cross. To find your local chapter, visit the American Red Cross website [here](#). In response to the January flooding the American Red Cross for the San Diego area chapter opened a temporary shelter at Lincoln high school, located at 4777 Imperial Avenue San Diego, CA 92113.

Address: 3950 Calle Fortunada, San Diego, CA 92123  
Phone: 1-800-RED-CROSS or (858) 309-1200

To locate open shelters via the American Red Cross please visit their website [here](#).

Their Safe and Well website provides a central location for people in disaster areas to register their status, and for their loved ones to access that information. Visit the Safe and Well website [here](#).

### **2-1-1 of San Diego/Imperial**

2-1-1 operates nationwide and connects callers to human service information. This service operates 24 hours a day, seven days a week, even during disasters. Information and resources may be provided for a variety of needs including shelter, cell phone power stations, rent/utility assistance, sandbag donation sites and disaster response programs. Dial 211 from your cellphone to speak with a trained information and referral specialist. Calls are routed to service centers based on your geographic location.

Phone: 211 or (858) 300-1211



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San Diego Flooding Home Cleanup Hotline: 619-333-1450

Website: <https://211sandiego.org/>

You may also search online for resources or find the local number for your local 211 service centers by visiting their website [here](#).

### **The California Department of Insurance**

Visit the website [here](#) for information from the California Department of Insurance regarding disaster/flooding related tools and resources.

### **Additional Assistance Resources**

The following agencies are addressing issues such as temporary housing, emergency food, clothing, disaster assistance, clean up and much more:

- [Salvation Army of San Diego](#)
- [San Diego Voluntary Organizations Active in Disaster](#)
- [San Diego Community Action Partnership](#)
- [Catholic Charities](#)

## **National Resources**

### **National Weather Service**

Updated information on current weather conditions can be found [here](#).

### **Airbnb**

Airbnb provides temporary housing options after a natural disaster occurs. Learn more by visiting their [website](#).

### **FEMA (Federal Emergency Management Agency)**

- Visit the website [here](#)
- Phone the FEMA Helpline, 7:00 AM to 11:00 PM ET, 7 days a week: (800) 621-FEMA (800)-621-3362); TTY (800) 462-7585



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If an area has become eligible for disaster assistance, you will find information [here](#). You may enter your zip code to see if your area has been declared for individual disaster assistance. If it has, you may find your local DRC (Disaster Recovery Center), apply online for assistance, and find other local resources.

Information about pets may be found here: <http://www.fema.gov/helping-pets>

### **Rebuilding After a Flood**

- FEMA offers a fact sheet on Rebuilding after a Flood which can be found [here](#).
- Insurance information on recovering after a flood can be found on the Insurance Information Institute website [here](#).
- The National Disaster Legal Aid website has a legal resource list for those who have been impacted by a disaster. The resource list can be found [here](#).

### **CARe Inc.**

CARe is short for Community Assisting Recovery. Their mission is to provide free comprehensive information about disaster recovery, including the insurance claim process, to disaster survivors so they may effectively reestablish their homes and communities. All CARe volunteers and staff have lost their homes and successfully recovered from disasters. They understand the needs of disaster survivors. It is the passion for "paying it forward" that draws survivors back to this organization to help survivors of the next disaster. To learn more about their services, please visit their website [here](#).

## **National Mental Health Resources**

### **SAMHSA's Disaster Distress Helpline**

This helpline, through the Substance Abuse and Mental Health Services Administration (SAMHSA), can provide immediate crisis counseling to anyone who is experiencing emotional distress related to any natural or human-caused disaster. The help line is available 24 hours a day, 7 days a week at (800) 985-5990. You can also reach them via text message by texting "TalkWithUs" to 66746.



### **SAMHSA Behavioral Health Treatment Services Locator**

Visit the website [here](#).

This line is available 24 hours a day, 7 days a week. The Behavioral Health Treatment Services Locator provides information and a search tool for behavioral health and substance abuse/addiction services in the United States and U.S. Territories. You can access the free and confidential treatment provider search tool using the link above. After completing the search criteria, you can view a list of treatment providers and detailed information about each provider.

You may also call (800) 662-4357 to receive free and confidential information about mental health and substance abuse treatment services in your area.

*This guide provides referrals to resources. It does not endorse or recommend the resource providers. While every effort is made to maintain current provider information, information may change without notice.*

### **Resources For Living**

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